



Venus Viva ReVive, Intensif & ReVeel CO2

Pre & Post Information

At Fresh Laser Skin Studio, we want to ensure to give you the best experience and most effective treatment possible. In order to receive the best results, please be aware of the following points prior to your treatment and contact us if you have any questions.

Treatments:

1. ReVeel

ReVeel is a micro-ablative fractionated CO₂ skin resurfacing laser treatment. It is a much milder alternative to traditional, fully ablative skin resurfacing. A series of less invasive treatments vs. one aggressive treatment minimizes the downtime and risks, while providing similar, if not better results than past technologies.

2. ReVive

Venus Viva is a nano-fractional radiofrequency (RF) device that uses a cartridge containing an array of small electrodes to deliver RF energy directly into the skin.

3. Intensif

Intensif is a fractional radiofrequency (RF) device. It delivers RF energy directly into the skin via multiple microneedles that enter the skin, with energy, time and depths adjustable from 0.1mm to 5.0mm.

Skin Conditions Treated:

- Pore reduction and texture smoothing
- Treatment of hyperpigmentation, sundamage
- Firming up the skin and reducing wrinkles & fine lines
- Improvement of acne and surgical scarring (ReVive & Intensif ONLY)
- Diminishing stretch marks (ReVive & Intensif ONLY)
- Mild rosacea (ReVive & Intensif ONLY)
- Benign raised skin lesions (ReVeel ONLY)

What Treatment is Best for Me?

Depending on your skin's condition and available downtime will determine the best treatment procedure for you. These factors will be discussed during your complimentary consultation with one of our certified technicians.

Pre Treatment

- Neurotoxins(Botox, Dysport or similar) or fillers should be administered post-treatment or a minimum of 2 weeks prior to your treatment for neurotoxins and 4 weeks prior for fillers.
- Discontinue the use of any retinoic acid (Vitamin A), retinol or other highly active products for a minimum of 3 to 5 days prior to your treatment.
- Must not have taken Accutane for a minimum of 6 months
- Read the post care instructions and ask questions if you have any concerns.
- Wash pillowcases for treatments involving the face and neck.
- If you are prone to cold sores and fever blisters, you will need to obtain a prescription from your doctor and start the antiviral medication (ie. Valtrex), if prescribed 2-4 days prior to the treatment.
- Purchase recommended skin care products and Cytoderma for healing and protection.
- Purchase mineral SPF 50 and mineral makeup for camouflage(if needed).
- Post treatment product samples will be supplied after treatment, containing: A gentle cleanser, phyto corrective gel/masque, or a similar product.

Specializing in your skin care needs!
Thank you.



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Post Treatment

Days 1-5:

- You will need to take the rest of the treatment day off as you will be red immediately after your treatment and sun exposure is not safe, as no makeup or sunscreen is allowed for 24 hours. The majority of people can resume normal activities the following day.
- Ensure your pillow case is clean and change if needed.
- The skin in the treated area will look red and slightly swollen and may feel hot and tight, similar to a sunburn. This is normal and expected.
- After 24 hours you may apply a gel icepack to the eye area or other treated areas if necessary.
- For a minimum of 24-48 hours, do not use hot water, washcloths or scrubs, soap, cleansers or lotions, as they may irritate the skin. Only products recommended may be used 24-48 hours after treatment.
- After 24-48 hours only use a GENTLE cleanser and gently cleanse the skin with hands only and pat dry. Do not scrub or rub skin. The old skin will gradually exfoliate, do not scrub.
- After 24-48 hours apply a thin layer of CytoDERMA(sterile breathable protection) on cleansed skin every night to enhance the healing process. May also be used in am with sunscreen applied on top.
- Wash hands thoroughly before touching your skin. Touch as little as possible and DO NOT PICK!
Picking may cause permanent scarring.
- Avoid strenuous exercise, hot tubs and saunas for the first 48-72 hours following treatments.
- Make-up can be applied a minimum of 24-48 hours after the procedure. Use mineral pressed or loose powder only, as liquid makeup can clog the pores and irritate the skin. If using a liquid makeup, do not resume use until 5-7 days post-treatment.
- Do not use any products with active ingredients such as Retin A, Retinol, Glycolic and Salicylic acid, for a minimum of 5 days. Please ask about your products if you are unsure.
- You may see grid marks (tiny dots) on your skin from the laser or RF treatments that will gradually disappear
- Your skin may feel itchy and tingly during the first week and peeling may be evident.
- Please contact us via email (info@freshlaser.ca) or phone (403-264-4494) with any questions or concerns you may have after your treatment.

General After Care

1. Make-up: In 24 hours MINIMUM, most resurfacing clients are ready for make-up to hide the pinkness of the skin. It is important that you remove all make up that is applied to the skin at night. Do not sleep with make up on the treated area.
2. Sun Avoidance: Sun avoidance should become a permanent component of your long-term skin care program. Always use a mineral SPF 30 or greater to protect your face, neck, décolleté and hands.
3. Long-term Skin Care: In addition to sun avoidance, we suggest all clients use a long-term skin care regime that will optimize the youthful, rejuvenated appearance you will achieve. Maintenance treatments are recommended for continual skin rejuvenation.

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