



## PicoSure & Enlighten Tattoo Removal Pre & Post Treatment Information

Fresh Laser Skin Studio uses the most advanced combination of tattoo removal lasers available in Calgary, to safely treat your tattoo. All treatments are customized and may involve the use of our PicoSure and/or Enlighten Lasers to give you the best results. Tattoo removal involves a lengthy process incurring multiple laser treatments. The treatments are spaced 8 to 12 weeks apart, depending on tattoo location, to allow the breakdown of the ink, and ultimately reduce the number of your treatments for tattoo clearance.

There are many variables that contribute to the tattoo removal process such as:

1. Age and location of tattoo
2. Type and colour of ink
3. Variable depth of ink insertion

Due to these variables 6 to 12 treatments may be necessary for complete clearance and results vary from each treatment and from person to person.

We want to ensure to give you the best experience and most effective treatment possible. In order to receive the best results, please be aware of the following points prior to your treatment and contact us if you have any questions.

### Pre Treatment:

- Completely shave the hair in area to be treated within 24 hours of your appointment if necessary.
- Ensure you inform Fresh Laser Skin Studio if you have a history of hyperpigmentation. In this case you may be prescribed a topical lightening cream to be applied for 2 – 4 weeks prior to treatment.
- Accutane must be discontinued for at least 6 to 12 months prior to laser treatments.
- Avoid photosensitizing medications before your treatment, please inform your technician of any new medications you may be have been prescribed by your doctor.
- Avoid unprotected sun exposure, tanning beds and self-tanning creams for a minimum of 4 weeks prior to your appointment and for at least one week after the final treatment.
- Apply a broad-spectrum (UVA/UVB) physical sunblock SPF 50 daily if the area being treated is exposed to the sun. Reapply often.

### Post Treatment:

- Redness and swelling is a normal response.
- Blistering may occur within 48 hours, followed by crusting/scabbing. Do not shave area if crusting is evident. Cover gently with gauze or bandages and apply an antibiotic ointment, such as Polysporin, if necessary.
- Avoid exercising, sports, swimming, hot tubs, or any other activity that could cause bruising or introduce perspiration or bacteria to the treated area for 24-48 hrs following treatment. Heat or friction to the treated area can increase the healing time after your treatment.
- For 24 hours after your treatment avoid heavy, oil based lotions on the tattoo. Oil is occlusive and can lock the heat in, when we want the heat to leave your skin as quickly as possible. Feel free to apply cold compress on the treated area to minimize any discomfort.
- Avoid sun exposure between treatments. If sun exposure is unavoidable, apply SPF 30+ physical sun block over the exposed, treated areas. Ensure to reapply often!
- Skin must be completely healed before next treatment, usually 8-12 weeks between treatments, depending on the area.
- Following the above treatment guide, assures the best results
- Please contact us via email ([info@freshlaser.ca](mailto:info@freshlaser.ca)) or phone (403-264-4494) with any questions or concerns you may have after your treatment.



## **PicoSure & Enlighten Tattoo Removal Pre & Post Treatment Information**

### **Potential and common side effects that may occur with tattoo removal treatments:**

- DISCOMFORT may be moderate to significant. Some areas are more sensitive than others. Topical anesthetic is available for purchase if required
- INFLAMMATION which may include: irritation, itching, pain, bruising, flaking, ingrown hairs, typically subside/fade in 5-7 days
- ERYTHEMA (redness) and mild to moderate "sunburn" like effects may last for a few hours to 2-5 days
- EDEMA (swelling) of the skin around the treatment site may last 2-5 days, but can be reduced with regular ice application
- TEXTURE CHANGES - Transient texture changes often occur, but usually resolve with time
- BLISTERING, SCABBING or CRUSTING may occur and usually take 4-10 days to heal.
- PETECHIAE, minor PINPOINT BLEEDING or OOZING may develop over the first few days following a tattoo removal treatment
- INCOMPLETE TATTOO REMOVAL - incomplete removal of tattoo ink after package is complete

### **Complications and adverse reactions that may occur with tattoo removal treatments:**

- There is a possibility of coincidental hair removal when treating Tattoo/pigment in hair-bearing areas
- Existing freckles in treated areas may temporarily, or permanently disappear
- Possible removal or lightening of tattoo ink in the surrounding area when treating a specific (partial) tattoo.
- Histamine/hives: some people develop raised papules similar to hives, this usually subsides within a few hours. If you have had a prior allergic reaction to ink during tattoo application, you may have a similar reaction after laser treatment. Please inform us if you experienced any side effects when your tattoo was applied.
- Pustules or pimples may develop in the first few days following treatment
- Hyper/hypopigmentation may develop temporarily after laser treatment. Hyperpigmentation can be worsened with sun exposure. Hypopigmentation usually occurs after multiple treatments. Pigmentary issues typically resolve within 9-12 months time, but may be permanent.
- Scarring, including what may be present before treatments start, due to the tattoo application process. Good post-treatment care can help reduce the possibility of scarring from the removal process.
- Uneven tanning in the treated area due to damage of the melanocytes in the area, either through the tattoo application or removal
- Paradoxical darkening or colour change, as some tattoo inks, including many lighter and skin tone inks, may darken or change colour in response to treatment
- Bleeding of ink into the surrounding skin may result in smudging, or loss of definition of a tattoo rather than removal.
- Incomplete tattoo removal- Multiple treatments (greater than 12), may be required and complete clearing is not always possible. Not all ink colours and compositions will respond to tattoo removal treatments.
- There is an unlikely, but potential risk of allergic reaction to any gel, lotion or numbing anesthetic that may be applied to the skin before or after treatment. Such risks include temporary swelling, itching, and formation of a rash
- Failure to wear eye protection during treatment may result in permanent eye damage
- For treatments involving intraocular lenses (under the eyelids), there is an unlikely, but potential risk of minor corneal abrasion and/or adverse allergic reaction to numbing drops
- Sun exposure, tanning beds or artificial tanning may increase risk of side effects and adverse reactions.

Specializing in your skin care needs!  
Thank you.



## **PicoSure & Enlighten Tattoo Removal Pre & Post Treatment Information**

Your consent form will contain the above listed potential and common side effects, as well as, the possible complications and adverse reactions. It will also contain the following statements that we will require you to acknowledge.

- I agree to contact Fresh Laser Skin Studio Ltd. if I have any questions or concerns about my treatment(s). I understand that 24 hrs notice is required for appointment cancellation or rescheduling; or I will be responsible for a cancellation fee of up to \$50.
- I confirm that I have not used Retin A or Retinol topically in the treatment area, for a minimum of 3 days prior to my treatment or taken oral isotretinoin medicine (brand names include "Accutane"/ "Roaccutane"/ "Oratane"/"Nimegen", mainly used for acne treatment) in the past 6 months.
- I confirm that I am not pregnant. If I should become pregnant during the course of my treatments, I will inform Fresh Laser Skin Studio and understand I will not be able to continue with my laser treatments until after my pregnancy.
- I am aware my results may vary with each individual treatment, that multiple treatments will be required for satisfactory results. No guarantees of individual results can be made, including complete removal of the tattoo/pigmentation, despite your technician's best efforts and there are no refunds for services rendered.
- I understand and acknowledge all the possible risks/complications involved with the tattoo removal process. I consent to receive Tattoo Removal performed by Fresh Laser Skin Studio, and will not hold Fresh Laser Skin Studio liable for any risks/complications regarding the tattoo removal process.
- I certify that I have read and fully understand the above paragraphs. I have had the opportunity for discussion and all my questions have been answered to my satisfaction.
- This signed consent will be for all Tattoo Removal treatments received within two years and I will notify my technician if there have been any changes in my health during this time.

Please contact us via email ([info@freshlaser.ca](mailto:info@freshlaser.ca)) or phone (403-264-4494) if you have any further questions.

We look forward to providing you with the best results possible!