



Facial Treatments Pre & Post Information

*Chemical Peel, AFA Peel, Hydrafacial, Microdermabrasion, Dermaplaning,
ThermoClear Pro Rf & Extractions*

At Fresh Laser Skin Studio, we want to ensure to give you the best experience and most effective treatment possible. In order to receive the best results, please be aware of the following points prior to your treatment and contact us if you have any questions.

Pre Treatment:

- Neurotoxins (such as Botox, Dysport or similar product) and/ or fillers should be administered post-treatment, or a minimum of 2 weeks prior to your treatment for neurotoxins and 4 weeks prior for fillers.
- Do not use any products containing Retin-A, retinol (or other active ingredients) 3-5 days prior to treatment
- Must not have taken Accutane for a minimum of 6 months
- Must agree to wear a minimum SPF 30+ physical (mineral) sunblock daily
- For Chemical peels, only the AFA Peels are safe during pregnancy
- Pre-treatment for a minimum 2 weeks, may be necessary before certain treatments, depending on your skin type and if you are prone to hyperpigmentation

Post Treatment:

- Redness, swelling and a slight heat sensation is a normal response after most facial treatments. You may experience redness and scabbing for 5-7 days after level 3 Chemical peels or ThermoClear Pro Rf and extraction treatments.
- A cold gel pack may be applied to the treated area if uncomfortable and to reduce swelling.
- Wear a minimum SPF 30 physical sunblock (SPF 50 preferred) daily and reapply as necessary.
- AFA peels are non-photosensitizing, however a daily physical sunscreen of SPF 30+ is recommended to protect your skin.
- Do not use loofas or other exfoliating devices and products, until the treated area has completely healed, as they may extend the healing time.
- Do not use any products containing active ingredients such as Retin-A, retinol, glycolics or salicylics for 3 to 5 days following treatment, as they may cause irritation.
- DO NOT PICK the area. Avoid picking and scratching the treated area to achieve best results and to prevent skin from scarring. If any crusting appears you can apply an antibiotic cream such as Polysporin or Fucidin H.
- Avoid any trauma to the skin for up to 24 hours, such as bathing in very hot water, swimming pool, hot tub, or strenuous exercise.
- Makeup may be used after the treatment. It is recommended to use mineral makeup to reduce clogging of the pores and prevent any further irritation
- Please contact us via email (info@freshlaser.ca) or phone (403-264-4494) with any questions or concerns you may have after your treatment.

Specializing in your skin care needs!
Thank you.