



HydraFacial Pre & Post Information

At Fresh Laser Skin Studio, we want to ensure to give you the best experience and most effective treatment possible. In order to receive the best results, please be aware of the following points prior to your treatment and contact us if you have any questions.

HydraFacial is a comfortable, non-invasive and generally non-irritating treatment. It is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more hydrated and beautiful skin with little-to-no downtime.

Please note this procedure is purely elective, the results may vary with each individual treatment, multiple treatments may be necessary to achieve optimal results, and no guarantees of individual results can be made. The goal of this treatment, as in any cosmetic procedure, is improvement not perfection.

Pre Treatment:

- Neurotoxins(such as Botox, Dysport or similar product) and/ or fillers should be administered post-treatment, or a minimum of 2 weeks prior to your treatment for neurotoxins and 4 weeks prior for fillers.
- Do not use any products containing Retin-A, retinol (or other active ingredients) 3-5 days prior to treatment
- Must not have taken Accutane for a minimum of 6 months
- If you are pregnant or allergic to salicylic acid, the extraction steps of the treatment containing salicylic acid, will not be used
- Must agree to wear a minimum SPF 30+ physical(mineral) sunblock daily

Post Treatment:

- Redness, swelling and a slight heat sensation is a normal response after most facial treatments.
- If ThermoClear Pro and/or addition extractions are done, you may experience some redness and scabbing for 5-7 days after treatments.
- Wear a minimum SPF 30 physical sunblock (SPF 50 preferred) daily and reapply as necessary.
- Do not use loofas or other exfoliating devices and products for a minimum of 3 days after your treatment
- Do not use any products containing active ingredients such as Retin-A, retinol, glycolics or salicylics for 3 to 5 days following treatment, as they may cause irritation.
- Avoid any trauma to the skin for up to 24 hours, such as bathing in very hot water, swimming pool, hot tub, or strenuous exercise.
- Makeup may be used after the treatment. It is recommended to use mineral makeup to reduce clogging of the pores and prevent any further irritation
- Please contact us via email (info@freshlaser.ca) or phone (403-264-4494) with any questions or concerns you may have after your treatment.

Specializing in your skin care needs!
Thank you



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Potential and sometimes common side effects that may occur with HydraFacial:

- Redness, may be apparent immediately after and gradually subsides shortly after treatment
- Temporary irritation, tightness or redness that typically resolves within 72 hours depending on skin sensitivity
- Temporary tingling or stinging sensation that generally subsides within a few hours
- Skin is more susceptible to sunburn/sun damage and needs to be protected with a physical/mineral sunscreen of SPF 30+

Complications and adverse reactions, although rare, that may occur with HydraFacial:

- There is an unlikely, but potential risk of allergic reaction to any solutions/products that may be applied to the skin before, during or after treatment. Such risks include temporary swelling, itching and formation of a rash
- Prolonged skin sensitivity, should be wearing a mineral SPF 30+ sunscreen daily

Your consent form will contain the above listed potential and common sides affects, as well as the possible complications and adverse reactions. It will also contain the following statements that we will require you to acknowledge.

I agree to contact Fresh Laser Skin Studio Ltd. if I have any questions or concerns/reactions with my treatment(s). I understand that 24 hrs notice is required for appointment cancellation or rescheduling; or I will be responsible for a cancellation fee of \$50.

I confirm that I have not used Retin A or Retinol topically in the treatment area, for a minimum of 3 days prior to my treatment or taken oral isotretinoin medicine (brand names include "Accutane"/"Roaccutane"/"Oratane"/"Nimegen", mainly used for acne treatment) in the past 6 months.

I am aware my results may vary with each individual treatment and multiple treatments may be required to achieve optimal results. There is no guarantee that my expected or anticipated results will be achieved, despite my technician's best efforts and there are no refunds for services rendered.

I understand and acknowledge all the possible risks/complications involved with the HydraFacial treatment. I consent to receive HydraFacial treatments performed by Fresh Laser Skin Studio, and will not hold Fresh Laser Skin Studio liable for any risks/complications regarding HydraFacial treatments.

I certify that I have read and fully understand the above paragraphs. I have had the opportunity for discussion and all my questions have been answered to my satisfaction.

This signed consent will apply to all HydraFacial treatments received within one year and I will notify Fresh Laser Skin Studio if there have been any changes in my health during this time.

We look forward to providing you with the best results possible!

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