



ThermoClear Pro & Extractions

Pre & Post Information

At Fresh Laser Skin Studio, we want to ensure to give you the best experience and most effective treatment possible. In order to receive the best results, please be aware of the following points prior to your treatment and contact us if you have any questions.

A very fine sterile needle is used to insert or touch the epidermis of the affected area. The current is attracted to the water contained within the affected area, essentially dehydrating the area and triggering the body to exfoliate the dried skin within a few days. These treatments are effective for:

1	Congested pores / oil bumps acne control	6	Seborrheic keratosis on face, neck and décolleté
2	Blackheads and whiteheads / milia	7	Telangiectasia - if not able to treat with laser
3	Sebaceous Hyperplasia	8	Solar Lentigines (raised sun spots/pigment)
4	Cholesterol Deposits	9	Cherry Hemangiomas - if not able to treat with laser
5	Skin Tag removal on face, neck and décolleté		

Please note this procedure is offered only as an add on treatment. It is purely elective and the results may vary with each individual treatment, multiple treatments may be necessary to achieve optimal results, and no guarantees of individual results can be made. The goal of this treatment, as in any cosmetic procedure, is improvement not perfection.

Pre Treatment:

- ThermoClear Pro is a minimally invasive treatment and will not interfere with recent neurotoxin or filler injections
- Do not use any products containing Retin-A, retinol (or other active ingredients) 3-5 days prior to treatment
- Must not have taken Accutane for a minimum of 6 months
- Must agree to wear a minimum SPF 30+ physical(mineral) sunblock daily
- Pre-treatment for a minimum 2 weeks, may be necessary depending on your skin type and if you are prone to hyperpigmentation

Post Treatment:

- Redness, minor swelling and a slight heat sensation is a normal response and you may experience redness and scabbing for 5-7 days after Thermoclear Pro and/or extraction treatments
- A cold gel pack may be applied to the treated area if uncomfortable and to reduce swelling.
- Wear a minimum SPF 30 physical sunblock (SPF 50 preferred) daily and reapply as necessary
- Do not use loofas or other exfoliating devices and products, until the treated area has completely healed, as they may extend the healing time
- Do not use any products containing active ingredients such as Retin-A, retinol, glycolics or salicylics for 3 to 5 days following treatment, as they may cause irritation
- DO NOT PICK the area. Avoid picking and scratching the treated area to achieve best results and to prevent skin from scarring. If any crusting appears you can apply an antibiotic cream such as Polysporin or Fucidin H.
- Avoid any trauma to the skin for up to 24 hours, such as bathing in very hot water, swimming pool, hot tub, or strenuous exercise.
- Makeup may be used after the treatment. It is recommended to use mineral makeup to reduce clogging of the pores and prevent any further irritation
- Please contact us via email (info@freshlaser.ca) or phone (403-264-4494) with any questions or concerns you may have after your treatment.

Specializing in your skin care needs!
Thank you.



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Potential and sometimes common side effects that may occur with treatments:

- Inflammation which may include: irritation, itching, pain, and flaking
- Temporary redness (erythema) and mild “sunburn” like effects may last for a few hours or more
- Temporary edema (minor swelling) of the skin around the treatment site,
- Skin may be sensitive in treated area
- Scabbing and minor pin-point bleeding may occur following a treatment
- Pustules or pimples may develop in the first few days following treatment

Complications and adverse reactions, although rare, that may occur with treatments:

- Hyper/hypopigmentation is rare, generally temporary if occurs
- There is an unlikely, but potential risk of allergic reaction to any gel, lotion or numbing anesthetic that may be applied to the skin before or after treatment. Such risks include temporary swelling, itching, and formation of a rash
- Prolonged skin sensitivity
- Scarring, though rare (do not pick)

Your consent form will contain the above listed potential and common sides affects, as well as the possible complications and adverse reactions. It will also contain the following statements that we will require you to acknowledge.

I agree to contact Fresh Laser Skin Studio Ltd. if I have any questions or concerns/reactions with my treatment(s). I understand that 24 hrs notice is required for appointment cancellation or rescheduling; or I will be responsible for a cancellation fee of \$50.

I confirm that I have not used Retin A or Retinol topically in the treatment area, for a minimum of 3 days prior to my treatment or taken oral isotretinoin medicine (brand names include “Accutane”/ “Roaccutane”/ “Oratane”/”Nimegen”, mainly used for acne treatment) in the past 6 months.

I am aware my results may vary with each individual treatment, that multiple treatments may be required for optimal results and maintenance treatments may be advisable. There is no guarantee that the expected or anticipated results will be achieved despite your technician’s best efforts and there are no refunds for services rendered.

I understand and acknowledge all the possible risks/complications involved with ThermoClear Pro/Extraction treatments. I consent to receive ThermoClear Pro/Extraction treatments performed by Fresh Laser Skin Studio and will not hold Fresh Laser Skin Studio liable for any risks/complications regarding ThermoClear Pro/Extraction treatments.

I certify that I have read and fully understand the above paragraphs. I have had the opportunity for discussion and all my questions have been answered to my satisfaction.

This signed consent will be for all ThermoClear Pro/Extraction treatments received within one year and I will notify Fresh Laser Skin Studio, if there have been any changes in my health during this time.

We look forward to providing you with the best results possible!

Specializing in your skin care needs!
Thank you.