



## TempSure Envi Facial Skin Tightening Pre & Post Treatment Information

Monopolar RF (radiofrequency) energy is used in an advanced manner that safely elevates the tissue temperature to heat the collagen and elastin fibers in the skin (dermis). When sufficient energy is delivered, the collagen and elastin fibres will contract, providing an immediate change in skin appearance. TempSure Envi treatment also increases circulation and triggers a secondary response of stimulating new collagen and elastin production. New collagen and elastin formation occurs approximately 30 days after the initial treatment and will further improve skin laxity. TempSure Envi is a non-surgical device that has been cleared by the FDA for the treatment of mild to moderate facial wrinkles/rhytids.

In general, 3 to 6 treatments are necessary for optimal results. This treatment is purely elective, the results may vary with each individual treatment and no guarantees of individual results can be made. The goal of this treatment, as in any cosmetic procedure, is improvement and not perfection. Maintenance treatments will be required to maintain results.

This treatment is not recommended if you have any implanted metal, such as a pacemaker, internal defibrillator or any cardiac arrhythmias.

### **Pre-Information:**

- Ensure you are well hydrated to achieve optimum treatment results. Hydrate by drinking plenty of water or hydrating fluids several days in advance. Avoid alcohol if possible.
- Neurotoxins or fillers should be administered post-treatment or a minimum of 2 weeks prior to the TempSure Envi treatment for neurotoxins and 4 weeks prior for fillers.
- Do not wear constrictive clothing. Treatment area must be accessible and a secondary area for the neutral pad will also need to be accessed.
- Shave any dense hair on the area to be treated, 24 hours before your appointment.
- For 3 to 7 days prior to treatment avoid therapies that may cause erythema (redness) or irritation such as Retin-A, glycolic and or salicylic acid.
- Must not have taken Accutane for a minimum of 6 months
- The treatment area must be free of any open lesions or infections.
- Remove any jewelry and body piercings in the area to be treated prior to your appointment.
- All makeup will need to be removed, including eye makeup, lotions or sun block. The facial area will be washed prior to your treatment. Any preparations left on the skin will act as impedance to the energy and will diminish the effects.
- Pre-treatment for a minimum of 2 weeks may be necessary, depending on your skin type and if you are prone to hyperpigmentation

### **Post Information:**

- Typically, clients may return to their normal activities after receiving a TempSure Envi treatment.
- Temporary redness (erythema) and edema (minor swelling) of the skin following treatment is normal.
- Avoid hot tubs, or hot water when washing or showering until erythema (redness) has subsided.
- Cleanse skin with tepid water and a gentle cleanser, no active ingredients for a minimum of 3 days.
- Use only water-based serums or moisturizers (no oils) immediately after treatment to calm or soothe the skin.
- Use a daily physical sunscreen with an SPF of 30 or greater (preferably SPF 50 for the face & neck) to help prevent future sun damage.
- Makeup, preferably mineral-based, may be applied immediately post treatment.
- Histamine/hives: some people may develop raised papules similar to hives, this usually subsides within a few hours.
- There is an unlikely, but potential risk of an allergic reaction to the glycerin, ultrasound gel or adhesive on the return pad that is applied to the skin during the treatment. Such risks include temporary swelling, itching, and formation of a rash.
- **Hydration**, is key to achieving the best results possible.

**Failure to comply with pre- and post-care recommendations may affect the outcome of treatment results.**

Specializing in your skin care needs!  
Thank you.



## TempSure Envi Facial Skin Tightening Pre & Post Treatment Information

### Potential and common side effects that may occur with TempSure Envi:

- Heating sensation, temporary
- Temporary redness (erythema) and mild “sunburn” like effects may occur and typically subsides within 2 to 24 hours
- Temporary edema (minor swelling) of the skin around the treatment site
- Sensitive skin in treated area
- Dry skin in treated area

### Complications and adverse reactions, although rare, that may occur with TempSure Envi:

- Burns, rare
- Scarring, very rare
- Histamine/hives: some people develop raised papules similar to hives, this usually subsides within a few hours
- Pustules or pimples may develop in the first few days following treatment
- Hyper/hypopigmentation is rare
- There is an unlikely, but potential risk of allergic reaction to any gel or lotion that may be applied to the skin before or after treatment. Such risks include temporary swelling, itching, and formation of a rash
- Prolonged skin sensitivity

**Your consent form will contain the above listed potential and common sides affects, as well as the possible complications and adverse reactions. It will also contain the following statements that we will require you to acknowledge.**

- I agree to contact Fresh Laser Skin Studio Ltd. if I have any questions or concerns/reactions with my treatment(s). I understand that 24 hrs notice is required for appointment cancellation or rescheduling; or I will be responsible for a cancellation fee of \$50.
- I confirm that I have not used Retin A or Retinol topically in the treatment area, for a minimum of 3 days prior to my treatment or taken oral isotretinoin medicine (brand names include “Accutane”/ “Roaccutane”/ “Oratane” / ”Nimegen”, mainly used for acne treatment) in the past 6 months.
- I confirm that I am not pregnant. If I should become pregnant during the course of my treatments, I will inform Fresh Laser Skin Studio and understand I will not be able to continue with my TempSure Envi treatments until after my pregnancy.
- I am aware my results may vary with each individual treatment, that multiple treatments may be required for satisfactory results and maintenance treatments may be advisable. There is no guarantee that the expected or anticipated results will be achieved despite your technician’s best efforts and there are no refunds for services rendered.
- I understand and acknowledge all the possible risks/complications involved with TempSure Envi treatments. I consent to receive TempSure Envi treatments performed by Fresh Laser Skin Studio and I will not hold Fresh Laser Skin Studio liable for any risks/complications regarding TempSure Envi treatments.
- I certify that I have read and fully understand the above paragraphs. I have had the opportunity for discussion and all my questions have been answered to my satisfaction.
- This signed consent will be for all TempSure Envi treatments received within one year and I will notify Fresh Laser Skin Studio if there have been any changes in my health during this time.

Please contact us via email ([info@freshlaser.ca](mailto:info@freshlaser.ca)) or phone (403-264-4494) if you have any further questions.

We look forward to providing you with the best results possible!

Specializing in your skin care needs!  
Thank you.